

SCHOOL BOARD

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PANTHER RUN ELEMENTARY PANTHER PRINTS NEWSLETTER

May 2023 Edition

Important Dates for May

- May 1, 2023: Principal Appreciation Day
- May 2, 2023: Interim Reports Issued for the 4th Quarter
- May 2, 2023: PM3 Assessment ELA Grades 3-5
- May 3, 2023: PM3 Assessment ELA Grades K-2
- May 4, 2023: PM3 Assessment Math Grades 3-5
- May 5, 2023: PM3 Assessment Math Grades K-2
- May 5, 2023: Fun Friday. Celebrity Look-A-Like Day
- May 8, 2023: Teacher Appreciation Week
- May 8, 2023: Fire Drill for the month of May
- May 9, 2023: PM3 Assessment Science Grades 3-5
- May 11, 2023: Kid of Character Celebration at 8:30 a.m. in the Cafeteria
- May 11, 2023: Debate End of Year Party beginning at 1:30 p.m.
- May 12, 2023: Fun Friday. When I grow up day.
- May 12, 2023: Pastries for Kindergarten Parents at 8:30 a.m. in the Cafeteria
- May 15, 2023: Cookies for Cops front parking lot of the school
- May 16, 2023: Pembroke Pines Police Student of the Month Ceremony at 10:00 a.m. at the Police Station
- May 17, 2023: Lockdown Drill for the month of May
- May 17, 2023: End of Year Field Trip for 4th & 5th Grades. Universal Studios Florida
- May 18, 2023: Volunteer Breakfast at 8:30 a.m. in the Cafeteria
- May 19, 2023: Fun Friday. Culture Day
- May 24, 2023: School Advisory Council Meeting at 2:15 p.m. in Room 109
- May 24, 2023: Multi-Cultural Fair. 5:30 p.m. 7:30 p.m.
- May 25, 2023: School Tour at 9:30 a.m.
- May 26, 2023: Fun Friday. Twin or multiples day.
- May 26, 2023: Career Day 8:30 11:00 a.m.
- May 29, 2023: Holiday. Schools & Administrative Offices closed
- May 30, 2023: Spring Show Morning performance at 8:30 p.m.
- May 30, 2023: School-wide End-of-Year Celebration at 12:30 p.m.
- May 30, 2023: STEM After-school Celebration

PRE Club Dates & Times

Morning Math Club: May 2nd, 4th, 9th, 11th, 16th, 18th, 23rd, 25th, 30th from 2:00 - 3:00 in Room 104

Debate Club: May 4th, 11th from 2:00 - 3:00 p.m. in Room 104

Stemettes Girls Club: May 2nd, 16th from 2:00 - 3:00 p.m. in Room 104

STEM Explorers Boys Club: May 9th, 23rd from 2:00 - 3:00 p.m. in Room 104

Game Day Club: May 3rd, 10th, 17th, 24th, 31st from 2:00 - 3:00 p.m. in Media Center

Teacher & Staff Appreciation Week May 8 - 12, 2023

"You Make A World Of Difference"



Multicultural Festival Wednesday, May 24, 2023 5:30 p.m. - 7:30 p.m.



Sexual Health Curriculum Review:

Attention Parents & Guardians:

Please see the following link for parents to access and review the instructional materials used to teach reproductive health or any disease, its symptoms, development, and treatment:

https://www.browardschools.com/Page/33679.

If you would like to review the full sexual health curriculum by grade level, please contact us at 754-323-6850 to schedule a date and time to review a hard-copy of the curriculum on-site with a staff member. Because this is a copyrighted curriculum, parents are not permitted to make copies or take pictures of any content.

Register 2 Ride Transportation Process 23-24

Attention Parents & Guardians:

Current and newly eligible bus riders can register to ride for the 2023-2024 school year by going to <u>tfsweb.browardschools.com/ride</u> and answering the question, "Are you going to ride the school bus for the 2023-2024 school year?" Students must be registered by June 30, 2023 to guarantee a bus seat on the first day of school.

For additional Register 2 Ride information, including a list of frequently asked questions, visit browardschools.com/Register2Ride, call the customer service line at 754-321-4499 or email register2ride@browardschools.com.

Career Day at Panther Run Elementary

Career Day is coming to Panther Run on Friday, May 26th, 2023.

If you are interested in sharing your career to inspire the next generation, please contact Dr. Chacona, Assistant Principal by email at shannon.chacona@browardschools.com or by calling 754-323-6850.

Career Day begins at 8:30 a.m. and concludes at 10:30 a.m. Each presenter will have 25 minutes with each class on a grade level to present their career and five minutes at the end for each class to move to the next presenter. Presenters should arrive on campus between 7:30 and 8:00 a.m. on Career Day to sign in and get set up.

Class of 2023 End of Year Celebration





ARE YOU READY TO ROCK THE END OF THE SCHOOL YEAR WITH AN EPIC WEEK-LONG CELEBRATION? GET READY FOR A BLAST WITH OUR LINEUP OF EXCITTING EVENTS, INCLUDING A YEARBOOK/T-SHIRT SIGNING ICE CREAM PARTY, MOVIE DAY, AWARD LUNCHEON, AND AN 80'S THEMBER GLOW PARTY THAT WILL TOTALLY LIGHT UP YOUR DAY!

WE'VE GOT SOME GREAT NEWS! WE'RE TAKING OUR FUNDRAISING EFFORTS TO THE NEXT LEVEL BY ORGANIZING A SINGLE KRISPY KREME FUNDRAISER. BUT WAIT, IT GETS EVEN BETTER! THE PROCEEDS FROM THIS FUNDRAISER WILL BE USED AS A GIVEBACK TO THE SCHOOL AS A THAIN-YOU FOR AN AMAZING ELEMENTARY SCHOOL EXPERIENCE.

ALL WE'RE ASKING FOR IS A SMALL CONTRIBUTION OF \$35 PER CHILD SO THAT YOUR LITTLE ONE CAN FULLY PARTICIPATE IN ALL THE FESTIVITIES WITHOUT ANY ADDITIONAL FUNDRAISING OBLIGATIONS, WITH THIS APPROACH, WE CAN ENSURE THAT EVERY CHILD HAS THE OPPORTUNITY TO ENJOY AN INCREDIBLE END-OF-YEAR CELEBRATION AND GIVE BACK TO OUR SCHOOL AT THE SAME TIME. WE WANT ALL OUR STUDENTS TO HAVE A BLAST, HAVE AN AMAZING TIME AND CREATE UNFORCETTABLE MEMORIES THAT THEY'LL CHERISH FOR YEARS TO COME.

BUT WAIT, THERE'S MORE! YOUR CHILD CAN ALSO PURCHASE A SUPER COOL PEACE OUT 5TH GRADE T-SHIRT WITH A 2023 PAW PRINT DESIGN ON THE BACK AND PLENTY OF SPACE FOR SIGNATURES. THIS IS THE PERFECT WAY FOR THEM TO REMEMBER THEIR TIME IN 5TH GRADE AND SHOW OFF THEIR SCHOOL SPIRIT.

SO, WHAT ARE YOU WAITING FOR? GET READY TO PARTY WITH OUR 5TH GRADERS AND MAKE THIS A CELEBRATION TO REMEMBER. IF YOU HAVE ANY QUESTIONS OR CONCERNS, DON'T HESITATE TO REACH OUT TO US. LET'S MAKE THIS END-OF-YEAR EVENT O

Child's Name:	Teacher:
Parent's Name:	Phone #



READY TO MAKE A PAYMENT? YOU'VE GOT OPTIONS!
YOU CAN DROP OFF CASH AT THE PTA DESK FOR THE 5TH GRADE
COMMITTEE OR OFFICE, JUST MAKE SURE YOU BRING IT WITH THIS

FORM OR GO HIGH-TECH WITH A DIGITAL WALLET (APPLE PAY, CASH APP, ETC). JUST GIVE US A SHOUT AT 786.897.1830 IF YOU'RE GOING THE DIGITAL ROUTE!

\$____

DEADLINE MAY 17TH

AMOUNT ENCLOSED

GOT QUESTIONS? EMAIL PRESTHGRADECOMMITTEE@GMAIL.COM

Please note that the following 5th grade end of year activities, including the Yearbook/T-shirt signing Ice Cream Party, Movie Day, Award Luncheon, and an 80's themed Glow Party, are organized and managed by the 5th Grade End of Year Committee. These activities are not funded by the PTA.

Peace Out 5th Grade 2023 Paw Shirt





Peace out, 5TH GRADE! Remember the good times by getting your very own signature shirt for only **§15** and don't miss the chance to be a part of Panther Run Elementary history! Bring it to the **YEARBOOK/T-SHIRT SIGNING ICE CREAM PARTY ON JUNE 6TH** and have your classmates sign it for a treasured keepsake. Let's make unforgettable memories together, Class of 2023!

Child's Name:			Teacher:			
Parent's Name:						Phone #
Shirt Size: YM	YL	AS	AM	AL	AXL	QTY Amount Enclosed \$

READY TO MAKE A PAYMENT? YOU'VE GOT OPTIONS!

You can drop off cash at the **PTA DESK** for the **5TH GRADE COMMITTEE** or **oFFICE**, Just make sure you bring it with this form or go high-tech with a **DIGITAL WALLET** (APPLE PAY, CASH APP, ETC). Just give us a shout at **786.897.1830** if you're going the digital route!

GOT QUESTIONS? EMAIL PRESTHGRADECOMMITTEE@GMAIL.COM

ORDER DEADLINE MAY 5TH

Please note that the following 5th grade end of year activities, including the Yearbook/T-shirt signing Ice Cream Party, Movie Day, Award Luncheon, and an 80's themed Glow Party, are organized and managed by the 5th Grade End of Year Committee. These activities are not funded by the PTA.

"HELP US RAISE **SOME DOUGH"**

5th GRADE KRISPY KREME DOUGHNUTS FUNDRAISER



THE 2023 5TH GRADE CLASS IS TAKING OUR FUNDRAISING EFFORTS TO THE NEXT LEVEL THE PROCEEDS FROM THIS SWEET FUNDRAISER WILL BE USED AS A GIVEBACK TO THE SCHOOL NOT JUST AS A THANK-YOU FOR AN AMAZING ELEMENTARY SCHOOL EXPERIENCE BUT AS A WAY FOR THE SCHOOL TO REMEMBER US FOR MANY YEARS TO COME.

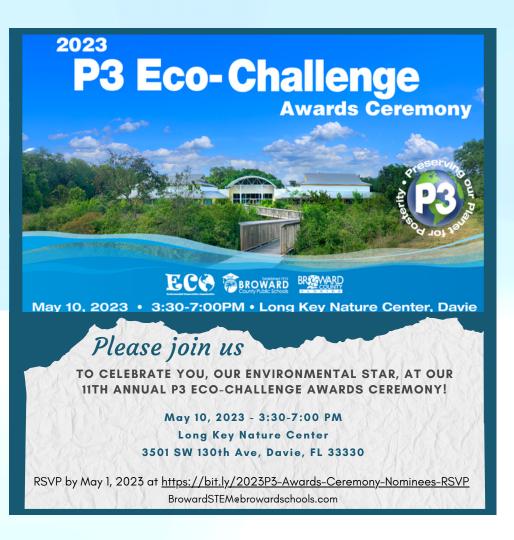


customer name	DOZENS PURCHASED	AMOUNT COLLECTED
RI ALCA DATURA CAMBIATAN FARM WITH		
PLEASE RETURN COMPLETED FORM WITH MONEY BY MAY 24TH TO THE PTA DESK OR		

OFFICE FOR THE 5TH GRADE COMMITTEE

TOTAL PURCHASED

TOTAL COLLECTED





2023 P3 Eco-Challenge Nominees

Schoole

Central Park Elementary Challenger Elementary Dave Thomas Education Ctr Flamingo Elementary Griffin Elementary Hunt Elementary Lauderdale Lakes Middle McArthur High School Miramar High Panther Run Elementaru Park Springs Elementary Plantation Elementaru Silver Lakes Middle School Silver Shores Elementaru Silver Trail Middle Whiddon-Rogers Education Ctr

Educators - Elementary

Kesha Clacken (Plantation)
Christian Jacobs (Coral Cove)
Peggy Ann Morgan (Floranada)
Heather Rowe (Nob Hill)
Ines Sanchez-Sosner (Ramblewood)
Stacey Wichmann (Lakeside)
Nicole Williams-Roulhac (Panther Run)

Students - Elementary

Aanya Amith Ambale (Central Park)
Ava Burns (Floranada)
Kemoni Camacho (Plantation)
Giavana Colavecchio (Central Park)
Audry Cranmer (Floranada)
Daniyal Diwan (Flamingo)
Alexandra Leeds (Central Park)
Olivia Nipp (Floranada)
Kylie Rollison (Park Springs)
Harper Slavin (Central Park)
Kymari Swann (Davie)
Miray Yuzereroglu (Central Park)
Zeliha Yuzereroglu (Central Park)

Students - Middle

Aaron Beckford (Lauderdale Lake Kayla Martinez (Silver Trail) Mariah Rodrigues (Silver Trail)

Students - High

Tramaine Hightower (Whiddon-Rogers Education Ctr) Shrishon Kumarasri (Miramar)

Custodial

Brian Golden (Plantation Elem.) Freddie Nelson (Whiddon-Rogers Education Ctr)

Educators - Middle

Julietta Ambroise (Cypress Run Education Ctr) Melvin Figueroa (New River) Raul Sarzo (Ramblewood)

Educators - High

Marsha Eichel (Everglades) Naomi Franklin (Miramar) Zuwania Smith (Whiddon-Rogers Education Ctr)

Non-Instructional

Robert Hord (Wilton Manors Elem.) Kim Spennato (Central Park Elem.)



Attention Broward County Public Schools Parents.

Information on the School Choice for the 2023-2024 school year can be found at browardschools.com/schoolchoice.

Security Updates at PRE

- Visitors must present a valid photo ID and share what business they have on campus.
- The ID must be shown by putting it up to the camera at the single point entry.
- Only one visitor will be allowed to enter at a time.
- The ID must be presented again to the office staff once inside.
- All visitors must be sign-in and be cleared through the RAPTOR Security System.
- Volunteers are signed in to a specific location on campus (Media Center, Classroom, etc.).
 Volunteers should refrain from visiting other areas on campus.
- A Visitor Badge must be visibly worn at all times while on campus.
- Visitors must sign-in and exit through the office and sign out through RAPTOR.

<u>Panther Run Website</u>: Please check out our school's website at https://www.browardschools.com/pantherrun. It provides information about our school and covers a variety of topics including: administration news, school hours, weekly Panther Prints Newsletter with calendars of events, PTA & Advisory news, Student Handbook and other downloadables and educational links to help your child learn at home. We look forward to an exciting and successful school year. If you need technology support, please call the school at 754-323-6850 Monday through Friday from 8:30 a.m. to 1:30 p.m.

<u>Changes to Your Child's Dismissal</u>: Please use <u>run_dismissals@browardschools.com</u> to make any changes to your child's dismissal. Always attach the photo ID of parent requesting the change.

<u>Register 2 Ride School Bus Initiative</u>: Please visit <u>https://www.browardschools.com/register2ride</u> to register your child for a school bus. Only students who are registered will be eligible to ride.

Anti-Bullying Policy 5.9 Training: At the beginning of each school year, teachers, staff and students are required to participate in educational trainings regarding Policy 5.9 Anti-Bullying (Grades K-12). Recognizing that parents are an integral part of a school's environment and their child's safety, the School Board of Broward County is giving parents, guardians & caregivers the opportunity to participate in a training module developed specifically for them on Policy 5.9, Anti-Bullying. Please utilize the link below to access the Policy 5.9, Anti-Bullying training modules titled *Parent module or* visit www.browardprevention.org and click on the module titled parent training.

<u>Volunteer & Mentor Application Process</u>: If your interest and concern for students motivates you to volunteer in Broward County Public Schools, you will need to fill out the volunteer application on-line. The Volunteer Application can be found at www.browardschools.com by clicking on the Community tab, then Volunteers. The Volunteer Application and Mentoring information will be found under Volunteer Services. You can also find information about becoming a BCPS Mentor in the same area or please contact the Office of Equity & Academic Attainment at 754-321-1600.

Report a Threat in Broward County Schools

IF YOU SEE SOMETHING, SAY SOMETHING.

Be a Broward Buddy, Report a Tip!

Call 911 immediately in an emergency. If you have a NON-Emergency Safety or Security concern, please report it through any of our available tip reporting tools. (You may choose to remain anonymous or provide contact information for a callback.)

<u>Call School District Operations Center</u>: Call our District Security Operations Center (DSOC) 24 hours a day, 7 days per week (including holidays). One of our friendly DSOC Specialists will take your tip over the phone. Your tip will reach Broward Schools Investigators and then law enforcement, if applicable. Please let the DSOC Specialist know if you wish to remain anonymous.

<u>Email</u>: Submit a tip to the email address below. Although your email address is shown using this tip reporting method, you can choose to remain anonymous by simply requesting it in your message. Your tip will reach Broward Schools Investigators and then law enforcement, if applicable. <u>SecurityTips@Browardschools.com.</u>

<u>FortifyFL</u>: Submit a tip via FortifyFL online (no download required) or download the app for easier use. Visit FortifyFL using the link below. Your tip will reach law enforcement and Broward Schools investigators. GetFortifyFL.com.

<u>SaferWatch</u>: Submit a tip via SaferWatch (download required). Visit SaferWatch using the link below. Your tip will reach law enforcement. www.saferwatchapp.com/browardschools/.

NEW DISTRICT EMERGENCY PROTOCOLS FOR 2022-2023



IN AN EMERGENCY TAKE ACTION

- HOLD Hold in your room or area. Clear the hallways. (Reference: medical, large fight, etc.)
- SECURE Get inside, lock all outside doors. (Business as usual)
- LOCKDOWN- Locks, Lights, out of Sight. Lock doors and turn off lights (Activate Alyssa's Alert or Call 911)
- EVACUATE- Exit to specific location. (Listen for location)
- SHELTER- Hazard will be announced. Follow the safety strategy provided.









Are you interested in...

- enhancing your relationship with your child
- learning how to better help your child manage their feelings and behavior

Contact (305) 348-5157 to see if you are eligible for a free, brief, 6week positive parenting program delivered via Zoom for families of kids ages 3-8.

Contact us



(305) 348-5157



✓ mint@fiu.edu

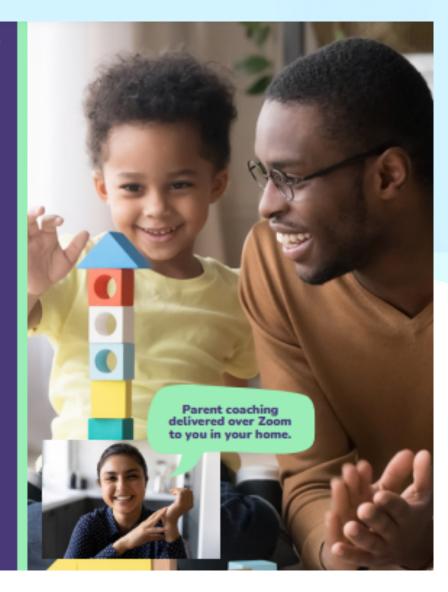


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Usted está interesada/o en...

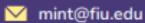
- mejorar la relación con su hija/o
- aprender a apoyarla/o a que maneje sus sentimientos y comportamiento

Llame al (305) 348-5157 para ver si es elegible para un programa de crianza positiva, gratuito y breve de 6 semanas para familias de niños de 3 a 8 años a través de Zoom.

Contáctenos



(305) 348-5157



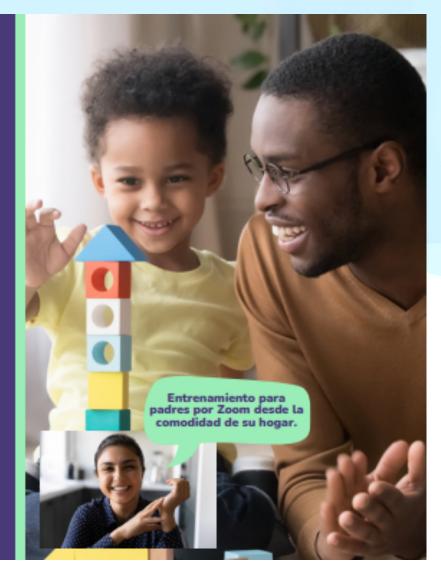


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Student Arrival and Dismissal Procedures

School Times: 8:00 a.m. to 2:00 p.m. First Bell - 7:50 a.m.

Students are not permitted on campus before 7:30 a.m. There is no supervision before 7:30 a.m.

This is an important safety alert for our parents. Please remember that students should not be dropped off or arrive at school prior to 7:30 a.m. This is a safety concern as there is no supervision prior to 7:30 a.m. Please do not stop and drop off or pick up your children on 172nd Avenue or 9th Street. Also, please do not block the crosswalks while waiting in the car line. Dropping off or picking up your child while stopped on 172nd Avenue or 9th Street is extremely dangerous for the children, parents and other drivers. Please follow all traffic laws and drive to the appropriate area of the school parking lot to drop off or pick up your children. All CAR RIDERS should be dropped off for school and picked up in the EAST parking lot. The WEST Parking lot is for District school buses, private transportation vehicles, staff members and A-Team students only.

When dropping off or picking up in the car line, please pull all the way forward until all cars stop before you allow your child to exit or enter the vehicle. Once all cars have stopped, students may exit or enter the vehicle under the covered walkway. Also, always follow the sidewalks around to pick up your child. Do NOT cut through the car line. This is for your safety and the safety of people traveling in vehicles on the road. Remember, we are all role models for the children and they learn the rules of the road from us. Thank you for your cooperation in keeping everyone at Panther Run Elementary School Safe.

It is every parents' responsibility to ensure that their child arrives at school on time every day. The first bell rings at 7:50 a.m. Students enter classrooms at 7:50 a.m. to prepare for class. Classes start at 8:00 a.m. Your child will be marked tardy after the second bell and it will be reflected on their report card.

Student Arrival and Dismissal Procedures

Front Parking Lot - West side of school is for Buses, Transportation Vans & A-Team

Bus, Transportation Vans & A-Team Arrival & Dismissal ONLY

The front driveway on the west side of the school facing NW 172nd Avenue has been designated by the Broward County School's Safety and Traffic Department for school bus, day care transportation van, and A-Team drop-off and pick-up ONLY. Car riders are to use the East parking lot for arrival and dismissal. A-Team parents entering the lot need to have the A-Team placard displayed for our Campus Security Monitor to clearly see. A-team parents are to park in a designated parking spot at the south end of the lot and walk their child across to the designated drop off area. Please remember to always use the cross walks. These rules are enforced to protect every child's safety.

Student Arrival and Dismissal Procedures

Back Parking Lot - East side of school for Car rider arrival & dismissal

The <u>east side</u> of the school has been designated for car rider parent drop off and pick up of students. <u>Students enter the building through the PE Entrance door.</u> Please follow the signs and stay all the way to the right, next to the curb. Your child's name and grade level need to be written on a big white placard and placed on the right side of your dash. This assists us in getting the children loaded quickly. Trained staff will announce students' names and open the car doors and load the students into their car as quickly and safely as possible.

Parents are not to get out of their cars or park in this area. This is a continuous flow of traffic line. Staff will be available to load and unload students. Remember to be patient and courteous. We all share the same goal of having every child arrive and depart safely. Please allow plenty of time to drop off and pick up your child. Car pools are highly recommended, as well as walking and biking.

School personnel are assigned to all student areas to supervise students both during arrival and dismissal. Please respect their dedication and hard work in moving the traffic along as quickly as possible. Being rude and using inappropriate language is a very poor example for your child. Please stay in your car. Please do not get out and wave for your child to come to you. This is extremely dangerous! With your help and cooperation in following the above procedures we can ensure the safety of all children.

Dress Code

Panther Run has a mandatory school unified dress code.

All students attending Panther Run must adhere to this unified dress policy. Uniforms can be purchased through the school-approved dealer or at a local department store. The unified dress code consists of navy blue or khaki colored pants, skirts or shorts. Girls may choose to wear skorts or jumpers in these same colors. Polo shirts in navy blue, hunter green, light yellow or white will be worn. The Panther Run PTA school tee shirt can also be worn. Cargo pants are not permitted. Students are permitted to wear jeans that fit properly and are not torn. Loafers, closed shoes or sneakers may also be worn. More information on school uniforms is available in the school office. Parents can apply for a waiver to the school uniform policy within the first ten days their child is enrolled at Panther Run, or within the first ten days of the beginning of every school year. Waivers are available in the front office. Student identification badges are part of the dress code and must be worn at all times on campus. Students are not permitted to wear suggestive, revealing or indecent clothing; including but not limited to clothing that exposes private body parts and/or displays pictures or words that have a sexual connotation. Hoodie sweatshirts, leggings and hats are not allowed to be worn in school.

News from Food & Nutrition

School lunch - what a bargain!

Thanks to federal, state and local partnerships, Food and Nutrition Services are able to offer variety and well-balanced nutritious meals. The National School Lunch Program provides the student the opportunity of selecting a lunch consisting of 5 meal components (Meat / Meat Alternate, Milk, Grain, 2 fruits or vegetables). The student may choose 3, 4, or 5 components for the same price. A student may refuse 1 or 2 of the meal components. The idea of "3 are good, 4 are better and 5 are best" is promoted to assure the greatest variety and nutrient intake. This is our government's way to assure that its financial support pays for only those meals that meet defined federal standards. School lunch meals provide an assortment of foods including entrée salads and fresh fruit daily. For students who prefer to bring a bag lunch, either low fat white, strawberry or chocolate milk, or water are available for \$.50 per carton. Ice Cream will not be sold at this point. A LA CARTE FOOD: If a student does not select 3 of the 5 components offered as a meal, then the meal does not qualify for federal reimbursement and the student must pay ala carte prices. Students are charged a la carte prices for additional portions and for specialty items. Because of the government's support, choosing the school lunch meal is a real bargain.

Free and Reduced Price Meals: Students will bring home a Free and Reduced Price Meal application the first week of school. The United States Department of Agriculture provides free or reduced price meal to children whose families meet income requirements. This helps assure that all children have access to nutritious food during the school day. Children need proper nutrition to grow, be healthy and learn. Last year, over 110,000 students in Broward County students took advantage of this great program. Only one application is necessary per household. Information is secure and confidential. Non-citizens and non-residents may apply for benefits. Please contact your child's school or the District Meal Benefits Department at 754-321-0250 if you have questions. Complete a Free and Reduced Price Meal Application Today. If you have any questions, please call the Food and Nutrition Services office at 754-321-0215.

5/2/23, 10:48 AM MealViewer Schools

Breakfast / PANTHER RUN ELEMENTARY / Menu at Panther Run Elementary

MAY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cinnamon French	Sausage, Egg & Cheese Tornado	Chocolate Filled	Turkey Sausage Egg Bake Bites	5 Belgian Waffle Assorted Cereal
Assorted Cereal Honey Wheat Biscuit Applesauce Cup Orange Juice Milk	Cinnamon Stick Assorted Cereal Honey Wheat Biscuit Chilled Mixed Fruit Fresh Apple Slices Milk	Assorted Cereal Flavored Yogurt Cup Strawberry Nutrigrain Bar Pears, Cup Fresh Sliced Orange Milk	Assorted Cereal Flavored Yogurt Cup Honey Wheat Biscuit Assorted Mini Loaf Apple Juice Fresh Banana (Ripe) Milk	Pop Tart & Cheese Honey Wheat Biscuit Chilled Peaches Flavored Cranberries Milk
8	9	10	11	12
Cinnamon French Toast Sticks Assorted Cereal Flavored Yogurt Cup Honey Wheat Biscuit Applesauce Cup Orange Juice Milk	Breakfast Pizza Assorted Cereal Yogurt Parfait w/ Blueberry Honey Wheat Biscuit Chilled Apricots Fresh Apple Slices Milk	Fluffy Scrambled Eggs Assorted Cereal Flavored Yogurt Cup Croissant Roll Assorted Mini Loaf Chilled Pineapple Chunks Fresh Sliced Orange Milk	Pork Sausage Patty Assorted Cereal Flavored Yogurt Cup Honey Wheat Biscuit Fresh Banana (Ripe) Apple Juice Milk	Large Cinnamon Bun Assorted Cereal Pop Tart & Cheese Honey Wheat Biscuit Raisels Fresh Apple Slices Milk
15	16	17	18	19
Cinnamon French Toast Sticks Assorted Cereal Flavored Yogurt Cup Honey Wheat Biscuit Applesauce Cup Orange Juice Milk	Breaded Mini Chicken Fillet Assorted Cereal Large Cinnamon Bun Yogurt Parfait w/ Blueberry Honey Wheat Biscuit Fresh Apple Slices Raisins Milk	Confetti Pancakes Assorted Cereal Flavored Yogurt Cup Strawberry Nutrigrain Bar Pears, Cup Fresh Sliced Orange Milk	Turkey Sausage Egg Bake Bites Assorted Cereal Flavored Yogurt Cup Honey Wheat Biscuit Assorted Mini Loaf Fresh Banana (Ripe) Apple Juice Milk	Sausage Wrapped Pancake Assorted Cereal Pop Tart & Cheese Honey Wheat Biscuit Milk
22	23	24	25	26
Cinnamon French Toast Sticks Assorted Cereal Flavored Yogurt Cup Honey Wheat Biscuit Applesauce Cup Orange Juice Milk	Breaded Mini Chicken Fillet Assorted Cereal Yogurt Parfait w/ Blueberry Honey Wheat Biscuit Chilled Apricots Fresh Apple Slices Milk	Fluffy Scrambled Eggs Assorted Cereal Flavored Yogurt Cup Croissant Roll Assorted Mini Loaf Chilled Pineapple Chunks Fresh Sliced Orange Milk	Pork Sausage Patty Assorted Cereal Flavored Yogurt Cup Honey Wheat Biscuit Apple Juice Fresh Banana (Ripe) Milk	Mini Maple Pancakes Assorted Cereal Pop Tart & Cheese Honey Wheat Biscuit Chilled Peaches Fresh Apple Slices Milk
29	30	31		
No Information Provided	Sausage, Egg & Cheese Tornado Cinnamon Stick Assorted Cereal Flavored Yogurt Cup Honey Wheat Biscuit Chilled Mixed Fruit Fresh Apple Slices Milk	Chocolate Filled Crescent Assorted Cereal Flavored Yogurt Cup Strawberry Nutrigrain Bar Pears, Cup Fresh Sliced Orange Milk		

5/2/23, 10:50 AM MealViewer Schools

Lunch / PANTHER RUN ELEMENTARY / Menu at Panther Run Elementary

MAY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Latin Style Black Beans Meal Yogurt w/ Sunflower Seeds & Crackers & Grackers	Breaded Chicken Drumstick Parfait, Blueberry w/Cheese Stick Pork Carnita on Bun Salad, Egg & Cheese Soft Tortila Wheat Crackers Lettuce, Diced Tomato, & Cheese Sweet Potato Crinkle Cut Fries Blueberry Cup Milk	Macaroni and Cheese BBQ Pulted Turkey on Bun Vegan Bean & Green Chile Burrito Corn Muffin Steamed Broccoti Mango Swirl Veggie Juice Raisins Milk	Themed Shaped Chicken Nuggets Turkey & Cheese on Bun Hummus and w/ Crackers Cucumber Stices Potato Wedges Dried Cranberries Milk Farmers Market Smart Cookie	Philly Stoak & Cheese Pinwheel. Fish, Sticks w/ Corn Popper Yogurt w/ Sunflower Seeds & Crackers Marinara Sauce Cup Steamed Green Beans Fresh Banana (Ripe)
Chicken, Drumsticks & Thighs Turkey Ham & Cheese Stuffer Latin Style Black Beans Meal Yogurt w/ Sunflower Seeds & Crackers Brown Rice Steamed Spinach Fresh Baby Carrots, Snack Pack Fresh Apple Stices Milk	9 Rotini W/Italian Meat Sauce & Cheddar Cheese EZ Jammer Sandwich Salad. Egg & Cheese Rotini Pasta Garlic Breadsticks Cucumber Slices Steamed Broccoli Rosati Frz Cup Milk	Pretzel Dog Jamaican Beef Patty Vegan Bean & Green Chile Burrito Salad, Seeds & Cheese Wheat Crackers Strawberry Banana Veggie Swirt Juice Steamed Edamame Vegetables Dried Fruit, Mixzees	Chicken Nuggets Vegan, Chik'n Nuggets w/ Grain Salad, Vegan Chik'n Nuggets Wild White Nacho Dorito Chips Deli Roasted Potatoes Baked Beans Raisins Milk	Stuffed Crust Cheese Pizza Pork Carrita on Bun Hummus and w Grackers Marinara Sauce Cup Fresh Mini Sweet Peppers Grape Juice
Chicken, Tangerine Latin Style Black Beans Meal Cheeseburger Sliders Yogurt wJ. Sunflower Seeds & Crackers Brown Rice Wheat Roll Steamed Broccoli Fresh Baby Carrots, Snack Pack Fresh Apple Slices Milk	Premium Beef Taco No-Nut Butter Meal Salad, Egg & Cheese Tortilla Chips Salsa Cup Steamed Corn Frozen Rips Fruit Slush Milk Shredded Cheddar Cheese	Steak Burger Vegan Bean & Green Chile Burrito Salad, Seeds & Cheese Wheat Crackers Potato Wedges Baked Beans Raisins Milk	Chicken Breast Tenders Turkey & Cheese on Bun Vegan, Chik'n Nuggets w/ Grain Salad, Vegan Chik'n Nuggets Wild White Nacho Dorito Chips Steamed Green Beans Fresh Celery Sticks Dried Cranberries Milk	Pull Apart Cheezy Breadsticks Chicken Fillet Stiders Hummus and w/ Crackers Marinara Sauce Cup Steamed Edamame Vegetables Fresh Banana (Ripe) Milk
Mexican Pizza Chicken Popcorn Latin Style Black Beans Meal Yogurt w/ Sunflower Seeds & Crackers Brown Rice Fresh Baby Carrots, Snack Pack Mango Swirt Veggie Juice Fresh Apple Stices Milk	Premium Beef Spaghetti Sauce No-Nut Butter Meal Salad, Egg & Cheese Rotini Pasta Garite Breadsticks Steamed Italian Blend Vegetables Steamed Broccoli Frozen Whole Fruit Cup Milk	Beef Hot Dog on Bun Turkey Pepperoni Stuffed Sandwich Vegan Bean & Green Chile Burrito Salad, Seeds & Cheese Wheat Crackers Baked Beans Potato Rounds Chilled Peaches Milk	Chicken Smackers Grilled Cheese Vegan, Chik'n Nuggets w/ Grain Salad, Vegan Chik'n Nuggets Wild White Nacho Dorito Chips Steamed Corn Sweet Potato Crinkle Cut Fries Raisins Milk	Cheese Pizza Wedge Sloppy Joe Beef Sliders Hummus and w/ Crackers Yuca Steak cut fries Fresh Min Sweet Peppers Fruit Blend Juice Milk
No Information Provided	Premium Beef Taco Breaded Chicken Drumstick Yogurt w. Sunflower Seeds & Crackers & Crackers Littuccus Cheed Tomato, & Cheese Sweet Potato Crinkle Cut Fries Blueberry Cup Milk	Macaroni and Cheese BBQ Putted Turkey on Bun Vegan Bean & Green Chite Burrito Burrito Steamed Broccoli Mangs Swirt Veggie Juice Raisins Milk		